

# Health Links Leadership Community of Practice

Feb 22, 2017

Hearing from Health Links IDEAS Teams on their experience implementing coordinated care management innovative practices

# Today's Agenda & Objectives

- Review of Innovative Practices for Coordinated Care Management
- Hear how IDEAS teams identified, planned and implemented care coordination management in their Health Link using innovative practices
- Understand how quality improvement methods can be used to accelerate your Health Links work

# PARTICIPATING IN THE WEBINAR

- This webinar is being recorded.
- ALL participants will be muted (to reduce background noise). You can access your webinar options via the orange arrow button.
- Discussion period post presentation, please type your questions for the presenter after each presentation.
- If you would like to submit a question or comment at any time, please use Question box feature.



# WEBINAR PANEL

**Shannon Brett**, *Manager, Quality Improvement & Spread, Health Quality Ontario*

**Stacey Bar-Ziv**, *Team Lead, Quality Improvement & Spread, Health Quality Ontario (Moderating Discussion)*

**Shawna Cunningham**, *Quality Improvement Adviser, Health Quality Ontario*

# GUEST SPEAKERS

## **HURON PERTH HEALTH LINK, LONDON MIDDLESEX HEALTH LINK**

**Jeni Millian**, *Patient Care Manager, South West CCAC*

**Paula Day**, *RN Thames Valley Family Health Team*

**Llori Nicholls**, *RPN North Perth Family Health Team*

**Heather Ross**, *Occupational Therapist, New Horizons Rehab*

## **MID EAST TORONTO HEALTH LINK (METHL)**

**Kelly Clarke**, *Client Services Manager, Toronto Central CCAC*

**Michelle Bather** and **Vicky Wen**, *Case Managers, General Internal Medicine Unit at St Michael's Hospital*

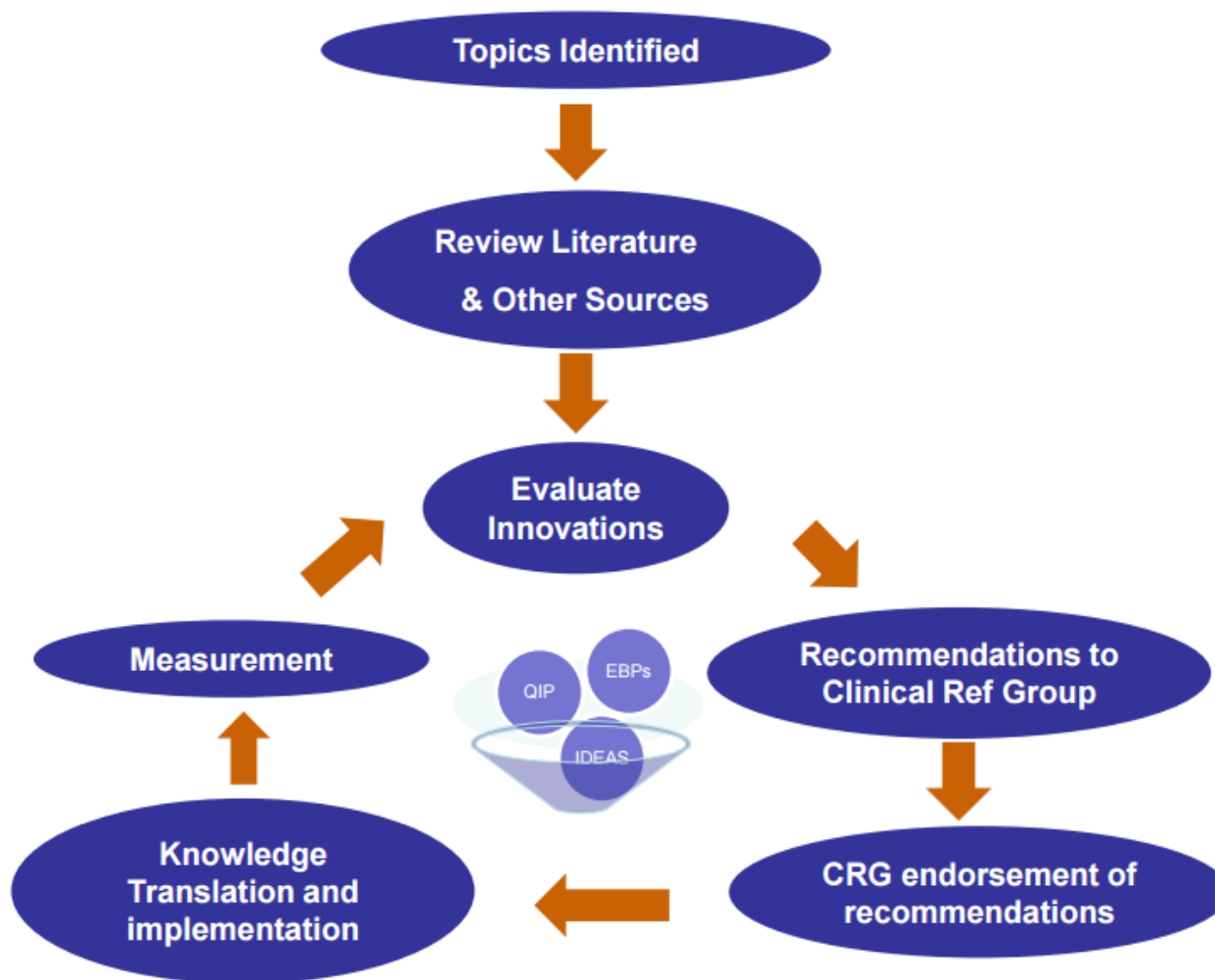
**Susan Anstice**, *Transitional Care Coordinator Mid East Toronto Health Link and Social Worker at WoodGreen Community Services*

# HEALTH LINKS LEADERSHIP COMMUNITY OF PRACTICE

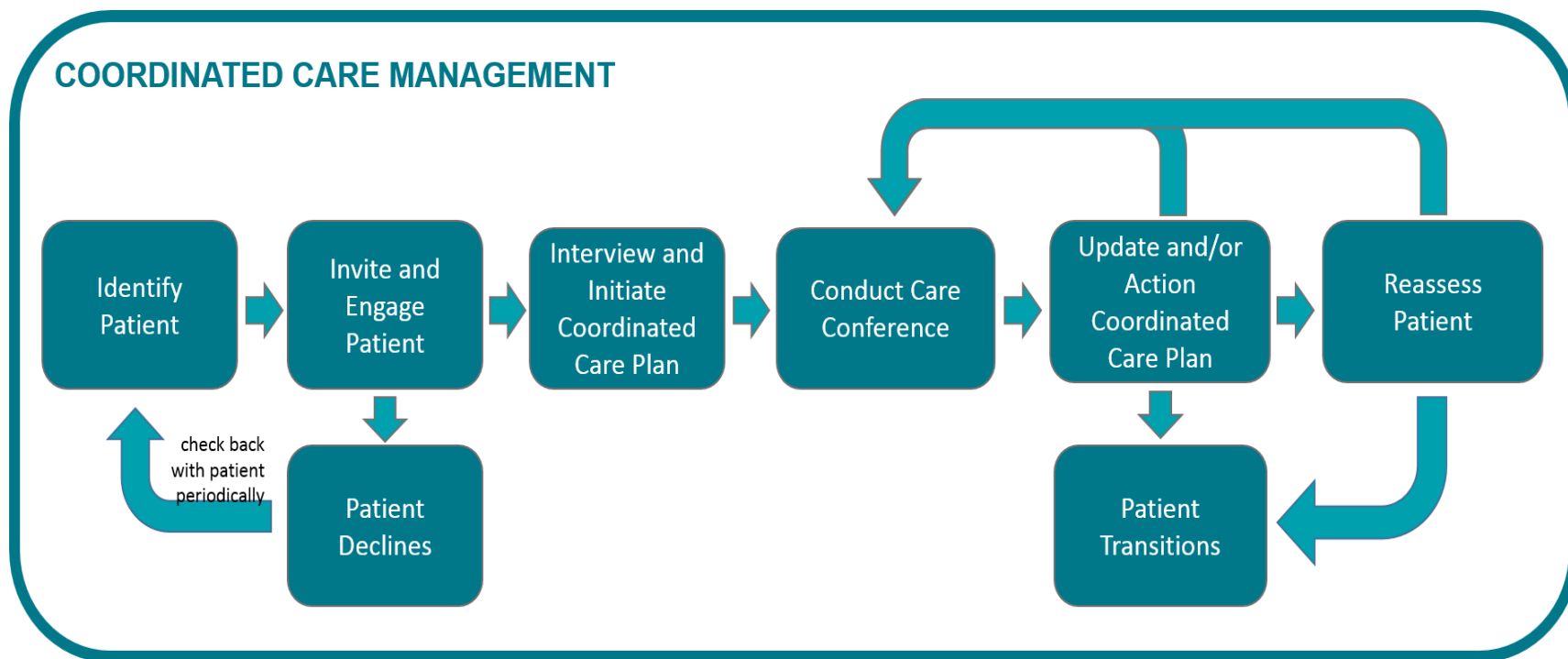


*‘Communities of practice can be defined as groups of people who share a concern or a passion for something they do and learn how to do it better as they interact regularly’*

# INNOVATIVE PRACTICES



# COORDINATED CARE MANAGEMENT



<http://www.hqontario.ca/Quality-Improvement/Our-Programs/Health-Links/Coordinated-Care-Management>



# COORDINATED CARE MANAGEMENT

## Summary of Innovative Practices

Coordinated Care Management Step	Innovative Practice	Innovative Practice Assessment	Clinical Reference Group Recommendation for Spread
<b>Identify Patient</b>	Identify Health Link patients through clinical level assessments and data driven case finding methods at any point in the patient’s healthcare journey.	EMERGING	Recommendation for provincial spread with reassessment using the Innovative Practices Evaluation Framework in 1 year (June 2017).
<b>Invite and Engage</b>	Provide patients with a single point of contact for all services included in their Coordinated Care Plan.	PROMISING	
	Use person-centred communication strategies to invite and engage the patient in coordinating his/her care with the Health Link team.	EMERGING	
	Use a comprehensive process and/or form that enables patients or substitute decision makers to provide consent for all elements of their coordinated care at one time (may be explicit or implied).	EMERGING	
<b>Interview and Initiate Coordinated Care Plan</b>	Implement the “Patients as Partners” Bundle with all patients in the Health Link.	EMERGING	



Delivered in partnership and collaboration with:



Funding provided by the Government of Ontario



## ShareIDEAS: Health Care Quality Improvement Project Repository

Enter keyword

Search

### ADVANCED SEARCH

Health Theme	Health Sector	Location	Uploaded	Project Type
All Access Appropriate Resources Effectiveness Efficiency	All Acute Care Community Care Home Care Long-term Care	All Ontario - All Ontario - Central East LHIN Ontario - Central LHIN Ontario - Central West LHIN	All 2014 2015 2016 2017	All Projects IDEAS Projects Non-IDEAS Projects

**Apply filters and search**

\*Hold Ctrl key to select multiple items

Show all projects

Show all IDEAS projects

Show all Non-IDEAS projects

Search Results ( )

# UPCOMING DATES

IDEAS application webinar: March 21 See IDEAS.ca for more details

## Upcoming IDEAS-QI Webinars

WHEN	WHAT
Mar 07, 2017 at 12:10 - 1 PM EST.	Teaching QI in Real Time <a href="https://attendee.gotowebinar.com/register/4857616363467948546">https://attendee.gotowebinar.com/register/4857616363467948546</a>
Apr 25, 2017 at 12:10 - 1PM EDT.	<b>Quality Improvement - understanding the differences between data for research, QI and accountability</b> <a href="https://attendee.gotowebinar.com/register/3693936137583376898">https://attendee.gotowebinar.com/register/3693936137583376898</a>
May 16, 2017 at 12:10 - 1PM EDT.	<b>IDEAS Webinar: Quality Improvement Back to Basics</b> <a href="https://attendee.gotowebinar.com/register/4969071658152449538">https://attendee.gotowebinar.com/register/4969071658152449538</a>
Jun 20, 2017 at 12:10 - 1PM EDT.	<b>Engaging the Front Line in QI</b> <a href="https://attendee.gotowebinar.com/register/4874642301024354562">https://attendee.gotowebinar.com/register/4874642301024354562</a>



Improving & Driving Excellence Across Sectors

# Mid East Toronto Health Link (METHL) Virtual Hub: Improving Identification, Referral & Care Co-ordination For Acute Care Patients With Complex Needs

Project Sponsor:

Ashnoor Rahim, Vice President  
WoodGreen Community Services

**IDEAS Applied Learning Project**

# Our IDEAS Project Team

## MID EAST TORONTO HEALTH LINK (METHL)

**Kelly Clarke MSW**  
Client Services Manager,  
Toronto Central CCAC  
**Administrative &  
Community Resource  
Expertise**

**Susan Anstice MSW,**  
MSc Transitional Care  
Coordinator (TCC) -  
METHL ,  
Clinical Social Worker,  
WoodGreen  
**- Team Lead &  
Community Resource  
Expertise**



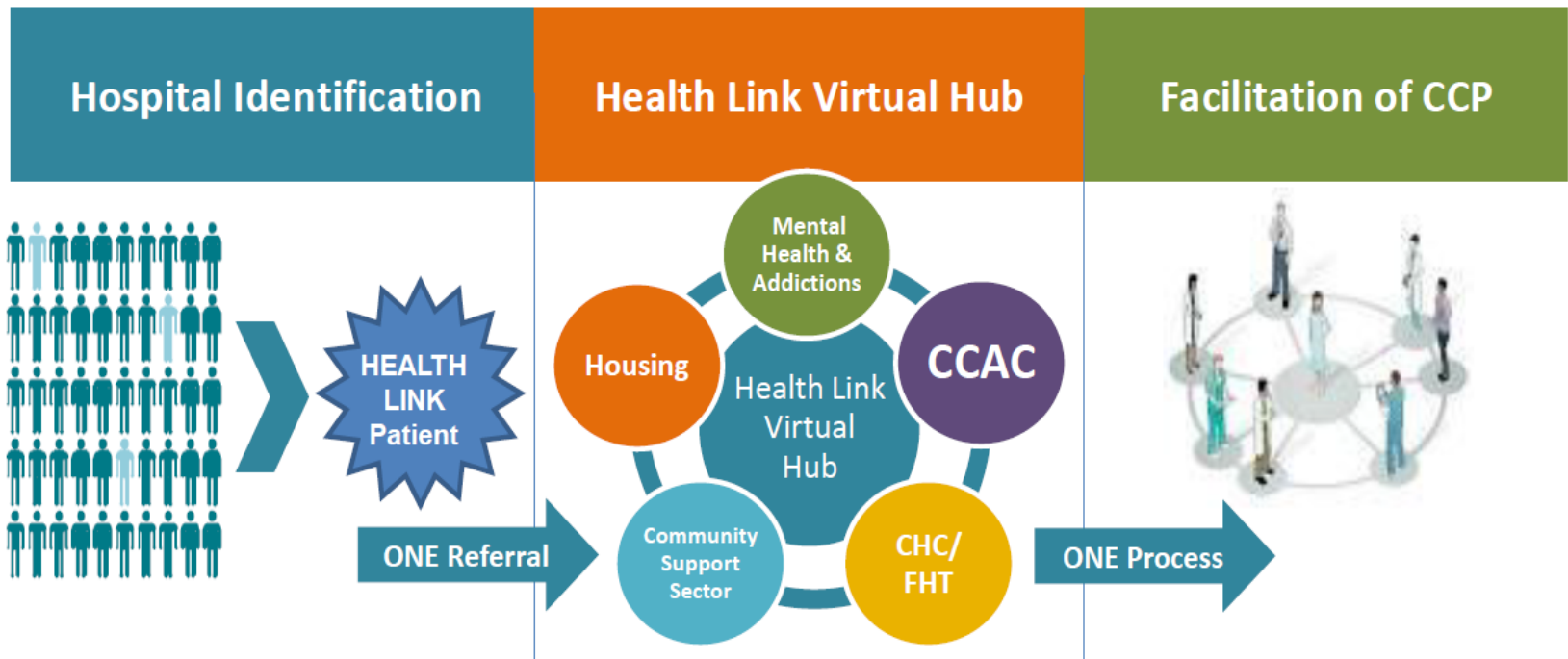
**Michelle Bather RN**  
Case Manager,  
St. Michael's  
Hospital General  
Internal Medicine  
(SMH GIM)  
**- Clinical Expertise**

**Victoria Wen, RN**  
Case Manager,  
St. Michael's  
Hospital General  
Internal Medicine  
(SMH GIM)  
**- Clinical  
Expertise**

# Our Health Link Process

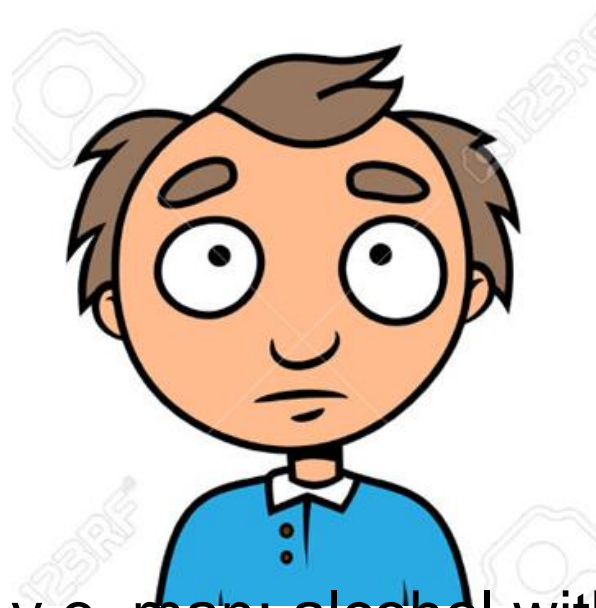
Improving care transitions across health sectors through Coordinated Care Planning

## Virtual Hub Model



# Why this QI Process?

Meet Mr. G.M.



- Admission: 59 y.o. man; alcohol withdrawal, electrolyte imbalance, acute kidney injury
- PMHx: depression, CHF, Type II diabetes, cirrhosis
- Living in shelter, no community services



# How Can We Improve?

- Systematically identify patients eligible for Health Link
- Identify the optimal time to approach patients
- Connect patients to METHL Transitional Care Coordinator (TCC) in hospital

**Project Aim:** By December 31, 2017, increase the percentage of identified SMH GIM patients referred to METHL who participate in a Coordinated Care Planning Case Conference within 30 days of discharge from 43% to 75%

# Virtual Hub – Change Ideas

## Aim

By February 3, 2018, reduce avoidable 30-day hospital readmissions for patients of St. Michael's Hospital GIM who participate in Coordinated Care Planning with Mid East Toronto Health Link to 20%

## Primary Drivers

Increase Access to Care Coordination

Develop Partnerships

Enhance Care Team Collaboration

## Secondary Drivers

Improve timely identification of complex care patients for HL referral

Improve patient consent and attachment process

Build patient and care team relationships

Improve patient experience/knowledge of Health Link

Availability of Primary care providers and PCP appointments

Coordinate care team communication to improve patient transition across sectors (e.g. acute to community)

## Change Ideas

Use SMH Screening tool with all patients admitted to GIM

TCC meets with patient pre-discharge; acts as single point of contact

Patients receive Health Link brochures

Interview patients to understand Health Link experiences

CCP completed within 30 days of discharge

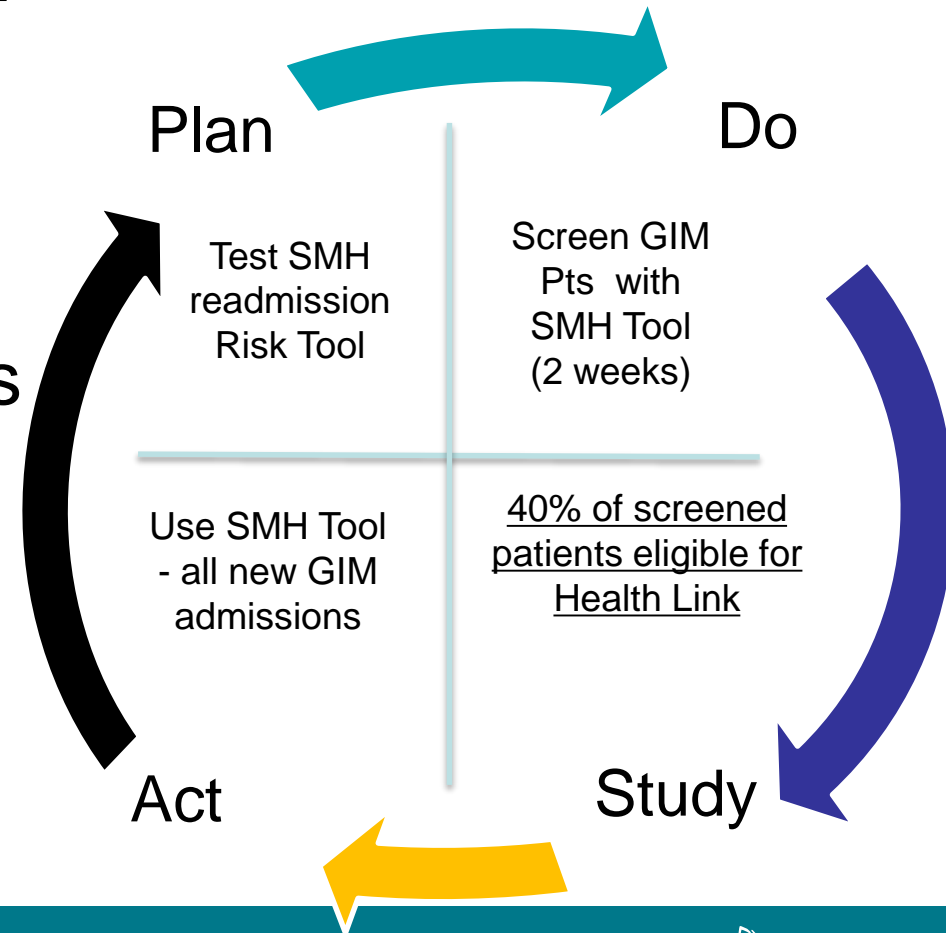
Primary Care appointment 7 days post D/C

# PDSA Cycles

Tests of change/ cycles for:

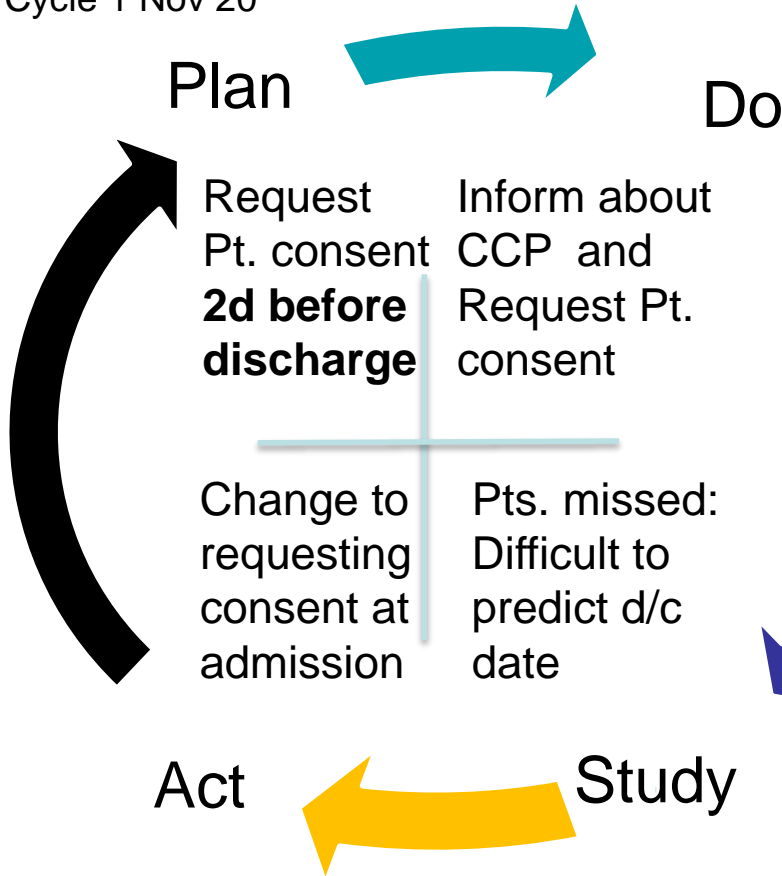
- 1) Screening Tool
- 2) Screening Process
- 3) Patient Consent Process
- 4) HL Referral Process
- 5) Warm Handover to TCC

Example: Screening Tool  
Cycle 1 Oct 24

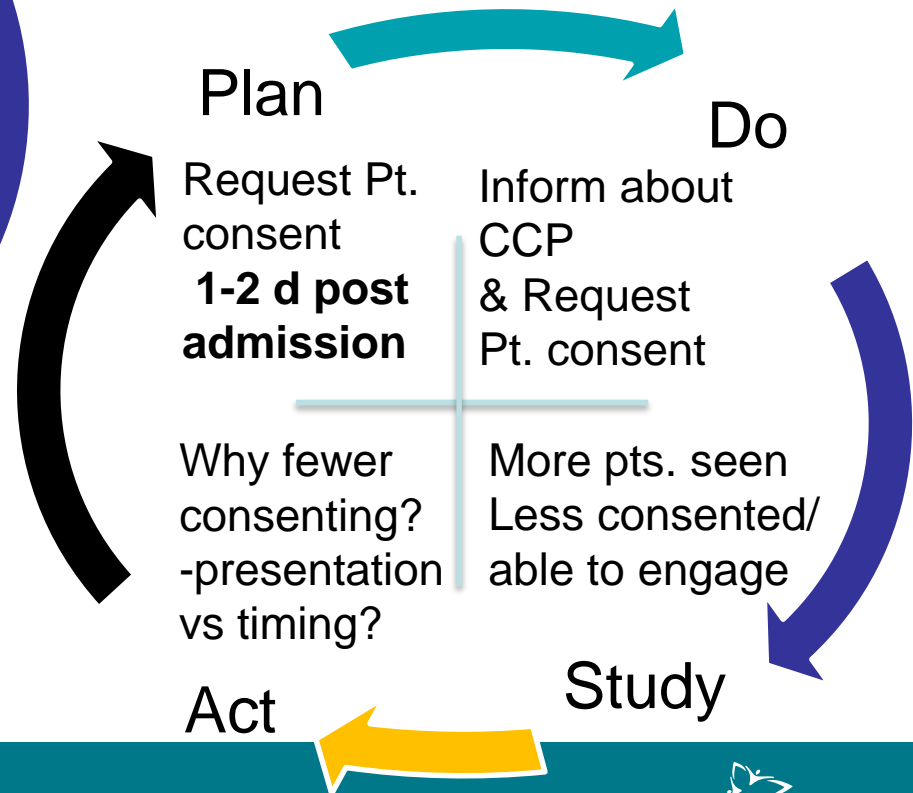


# Patient Engagement and Consent

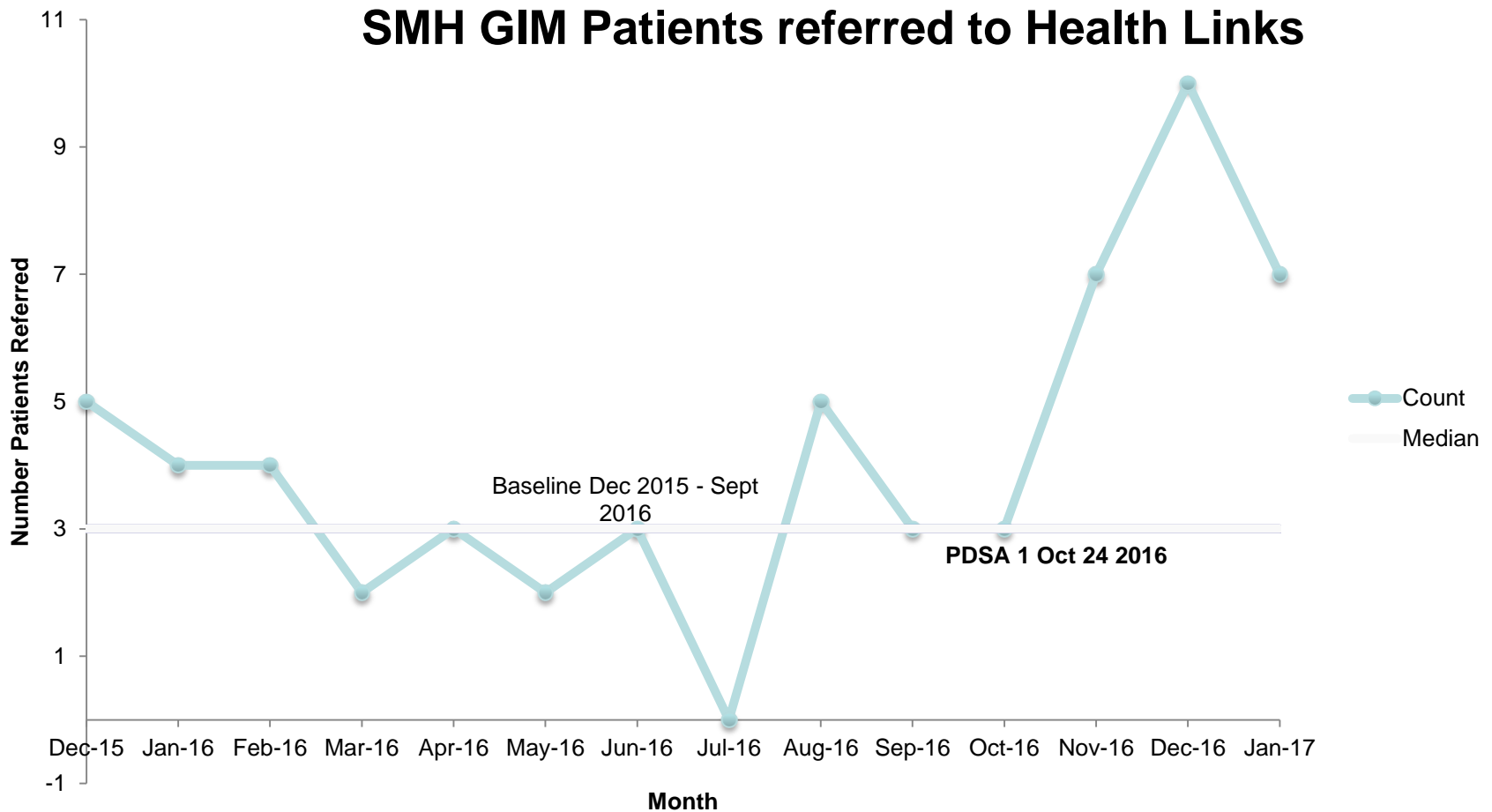
Cycle 1 Nov 20



Cycle 2 Dec 12



# Results - Screening & Referral



# CCP Consent Rate

## SMH GIM Referrals October 2016-January 2017

TCC met patient prior to discharge?	Consent to CCP (count)	CCP Declined (count)	Consent Rate (%)
<b>Yes</b>	<b>6</b>	<b>1</b>	<b>85%</b>
No	2	4	<b>33%</b>
Total	8	5	<b>61%</b>

\* excludes "consent in progress"

# Impact – Meet Ms. MC

34 y.o. woman

- frequent suicidal ideation and diabetic ketoacidosis.
  - history of PTSD
  - spent the last 2 years at a Shelter
- 
- Identified with SMH Screening Tool
  - Met with METHL TCC while in hospital
  - CCP Case Conference completed within 30 days



# Overall Learning

## SMH Screening Tool vs LACE Tool

- Identifies Health Links appropriate patients on admission
- Includes homelessness, mental health, family doctor
- For CHF and COPD; to be revised for general GIM population

## Warm handover to TCC while in hospital

- Support for change theory: patient more likely to consent

## Productive Range of Tension / Limit of Tolerance



# Overall Challenges

- Sustainability – screening and patient engagement create additional workload
- Electronic information sharing – no single platform
- Predicting discharge date

# Next Steps

## Continue change ideas

- Sustain/Improve processes underway
- Additional change ideas including:  
CCPs completed within 30 days of referral, patient experience

## Spread to other settings?

- Acute Care / Rehab Hospitals, other Health Links

# Acknowledgements

Thank you to the following people  
Without you this project would not be possible

- Yinka Macaulay, Toronto Central LHIN
- Ashnoor Rahim, WoodGreen Community Services
- Mary Eastwood, Mid East Sub Region
- Gayle Seddon, TC-CCAC
- Leighanne MacKenzie, St Michael's Hospital
- Kim Grootveld, St Michael's Hospital
- Joe Mauti, HQO
- Laura MacLagan, ICES
- METHL TCCs:  
Sandra Corrado, Xochil Amaya, Claire Bogomolny



Improving & Driving Excellence Across Sectors



## Embedding CCP into the FHT

Jeni Millian Patient Care Manager, SouthWest CCAC

Paula Day RN TVFHT

Llori Nicholls RPN NP FHT

Heather Ross Occupational Therapist, New Horizons Rehab

Project Sponsor: Huron Perth Health Links

London Middlesex Health Links

**IDEAS Applied Learning Project**

***Utilization reports  
does not always  
capture right  
patient!***

***CCP not  
being done !***

***GP not engaged  
in process !***



**Story: “Could it get any worse?”**

- Not on Med GPS
- Multiple healthcare agencies
- No family involved
- Only trust GP and plastic surgeon

**Who could be more in need of a CCP, must involve GP team**

# AIM and Measures

**Aim Big Dot:** Decrease avoidable patient ER visits and hospital admissions.

**IDEAS project AIM:** By Feb 2017 we will complete 10 CCP's through collaboration at patient point of contact in a primary care setting in the Thames Valley FHT(5) and North Perth FHT (5)

*The proof is in the data*

Outcome Measures: Number of completed CCPs

Process Measures: Patient and Provider Experience Survey, # Achieved Goals, Time

Balancing Measures: New resource linkages

## Our Change Idea:

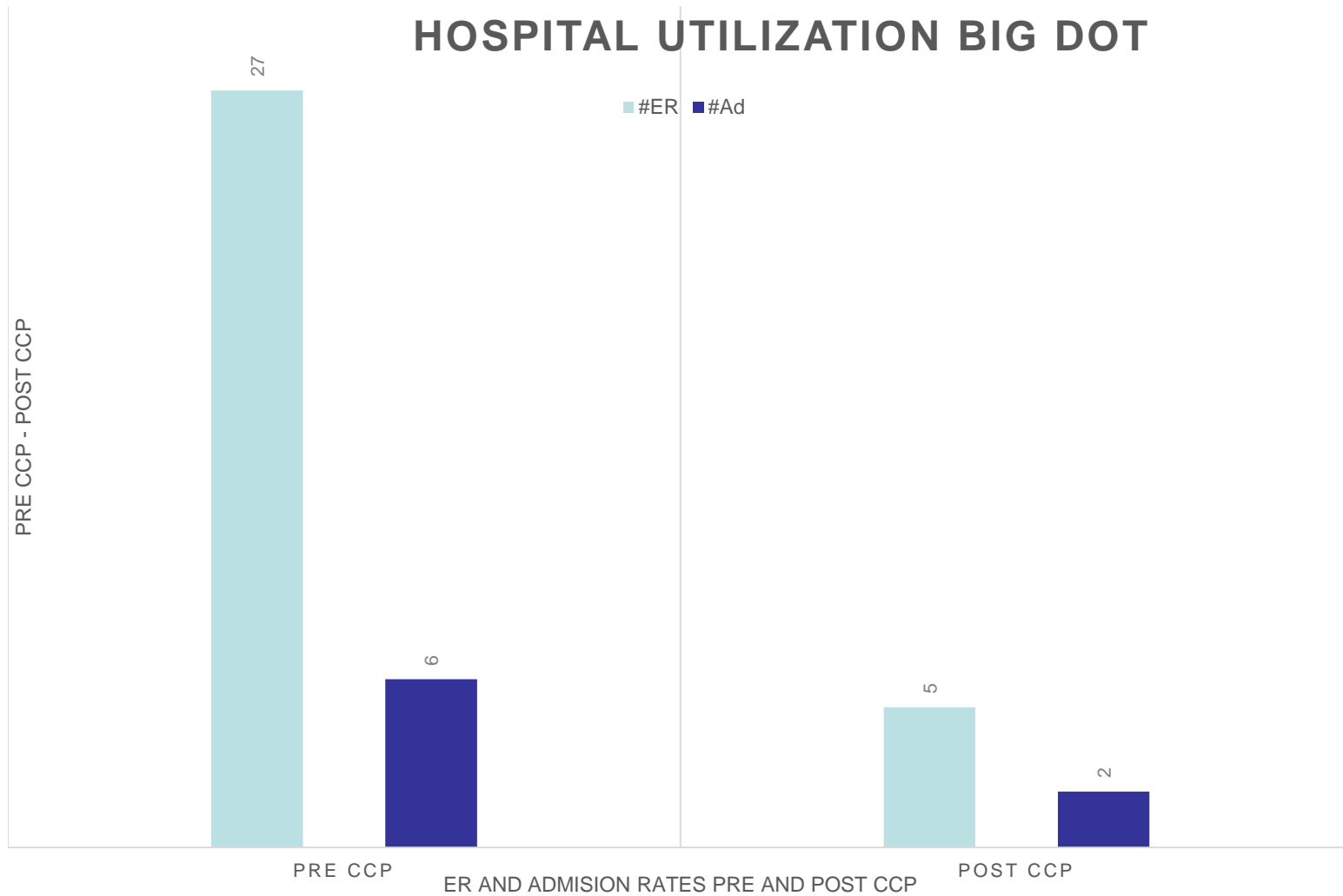
- Identification of high risk patients currently using programs within a FHT (family health team).
  - Our target populations: High risks patients involved with Fall Prevention Program and Home Based Primary Care Program.
- Initiate and complete CCP at point of contact with patient.
- Engage community and primary care teams to co-facilitate the process.

# Lessons Learned PDSA:

- Identification
  - Easier and improved method for identifying appropriate patients.
  - Improved identification of team members
- Communication
  - Sharing information pre and post meeting.
  - Clear and concise information for patient
  - Working around technology and duplication remains an issue.
- Time management
  - Bringing team members in at the right time.
- Interdisciplinary roles and responsibilities

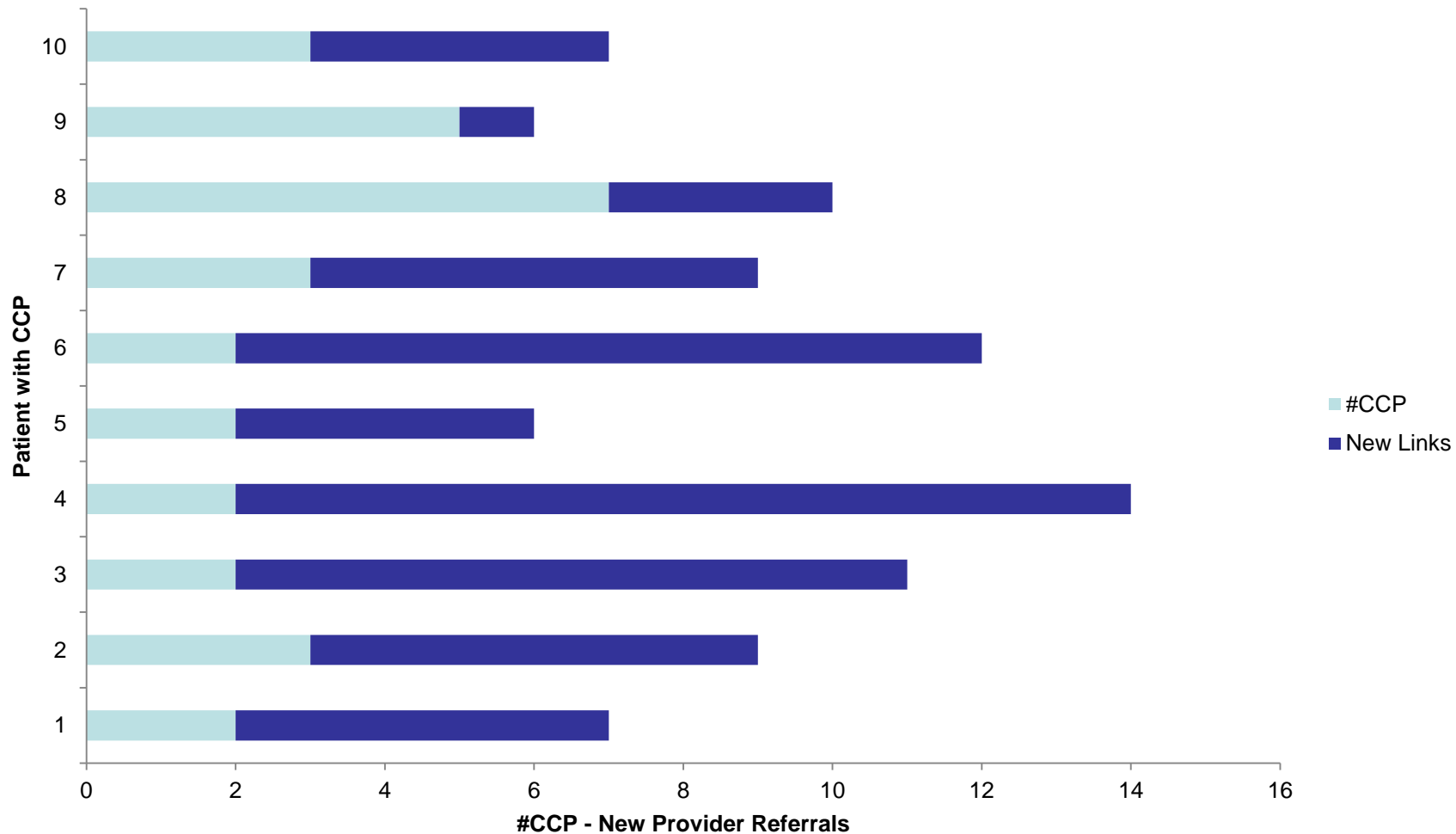


# Results/Impact



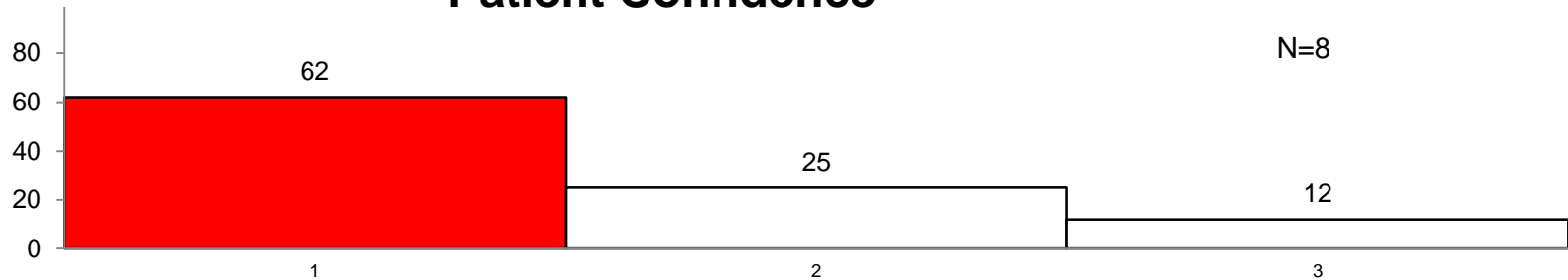
# Results/Impact

## New Health Links with CCP's

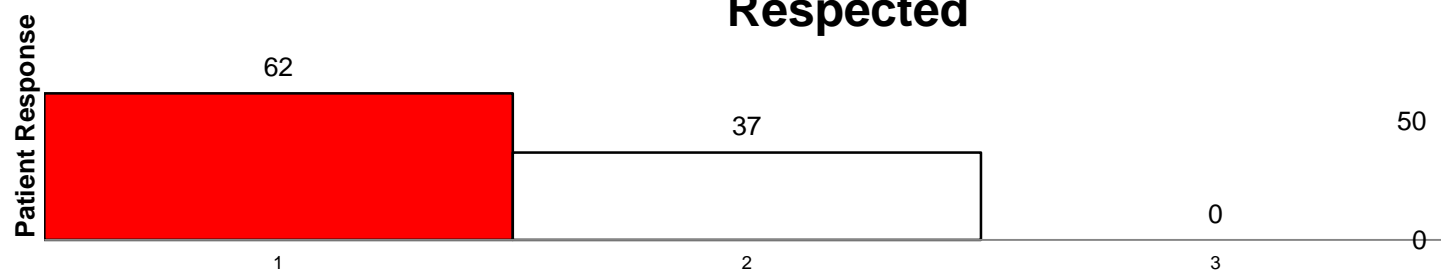


# Results/Impact

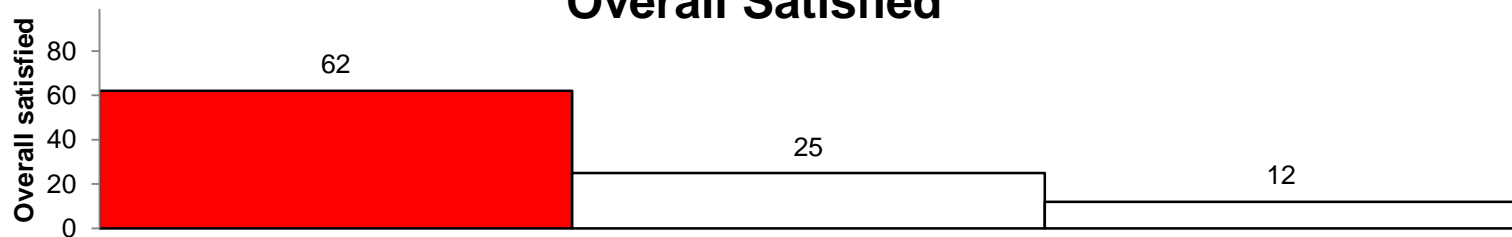
## Patient Confidence



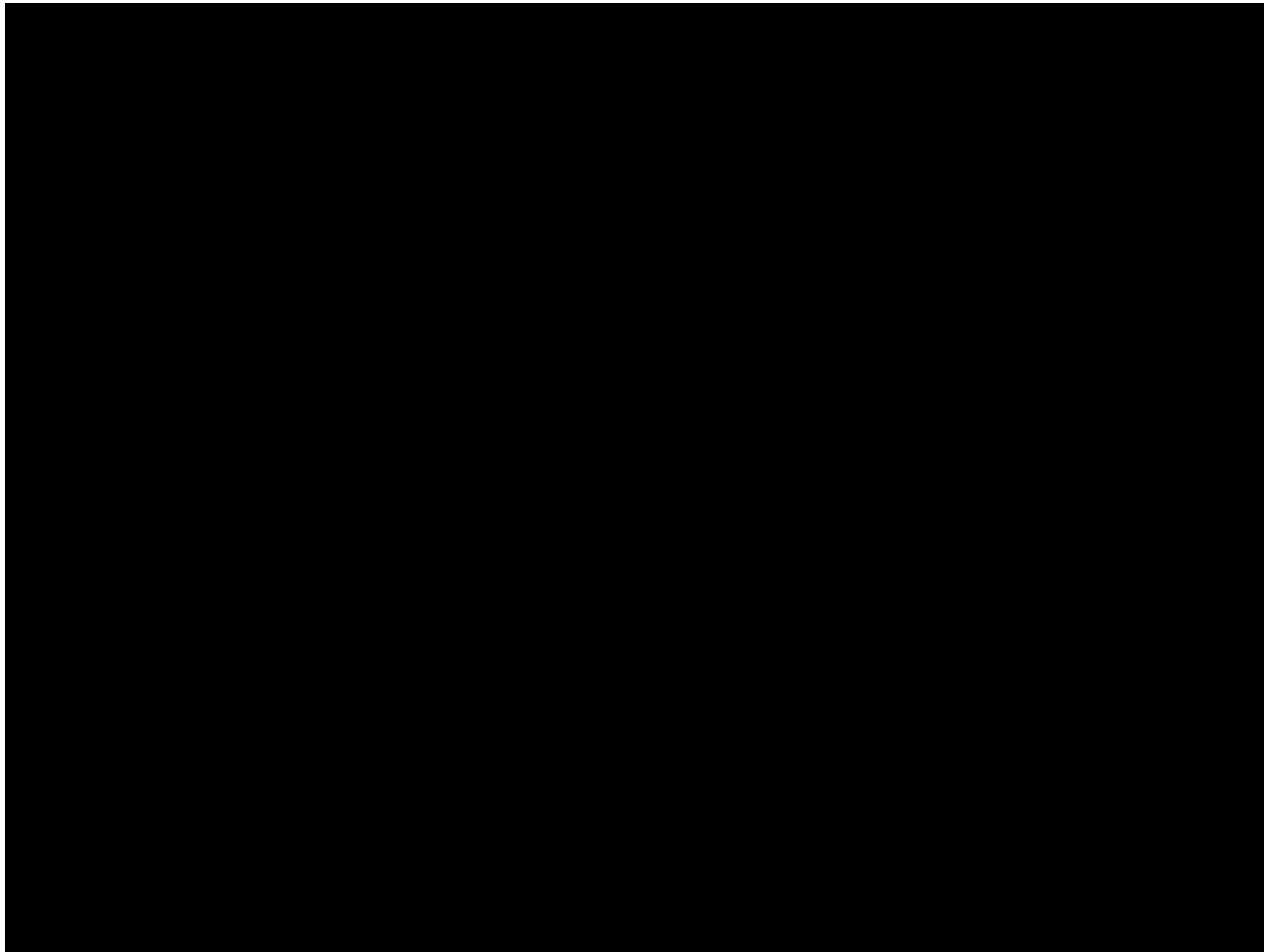
## Respected



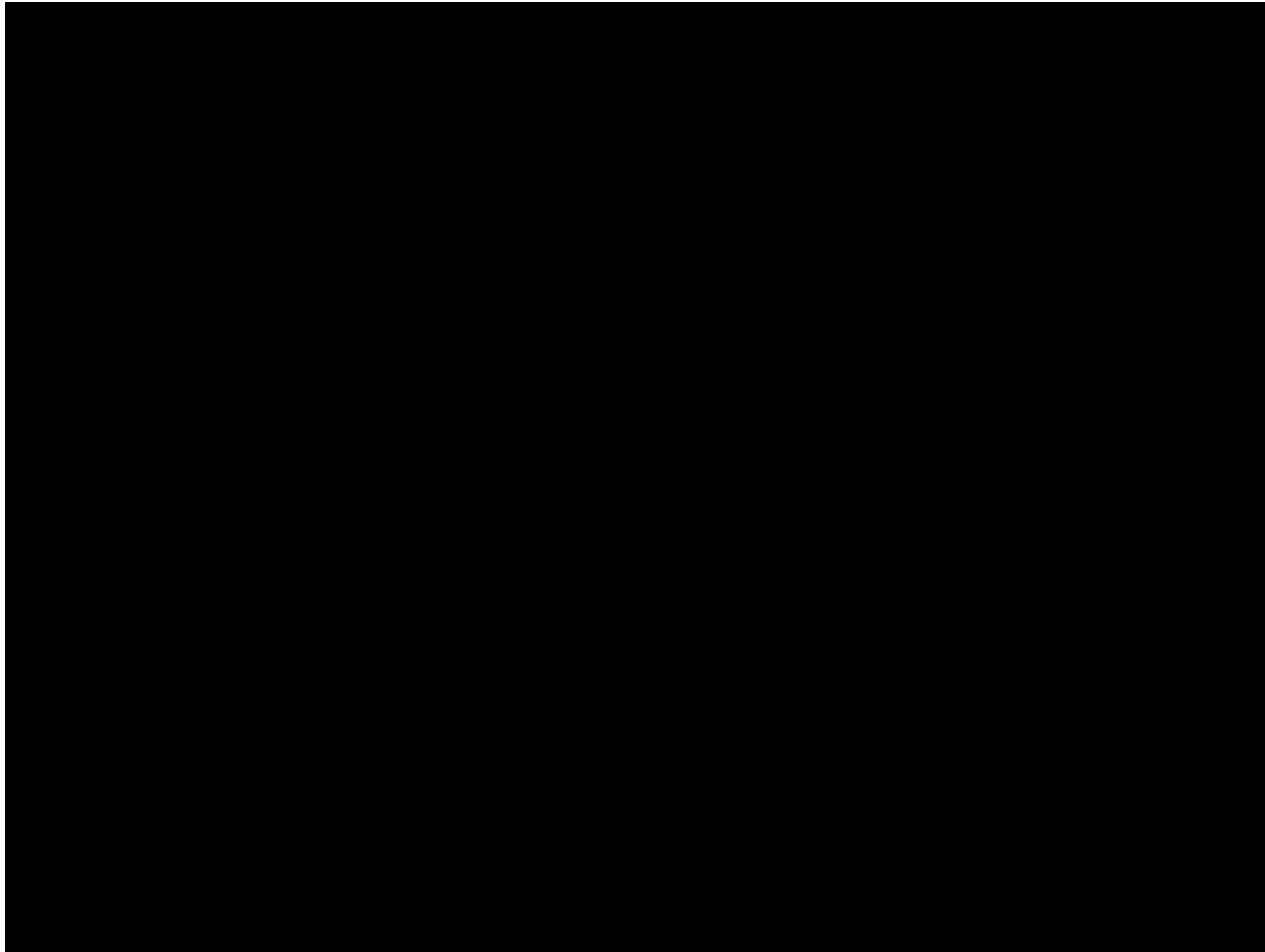
## Overall Satisfied



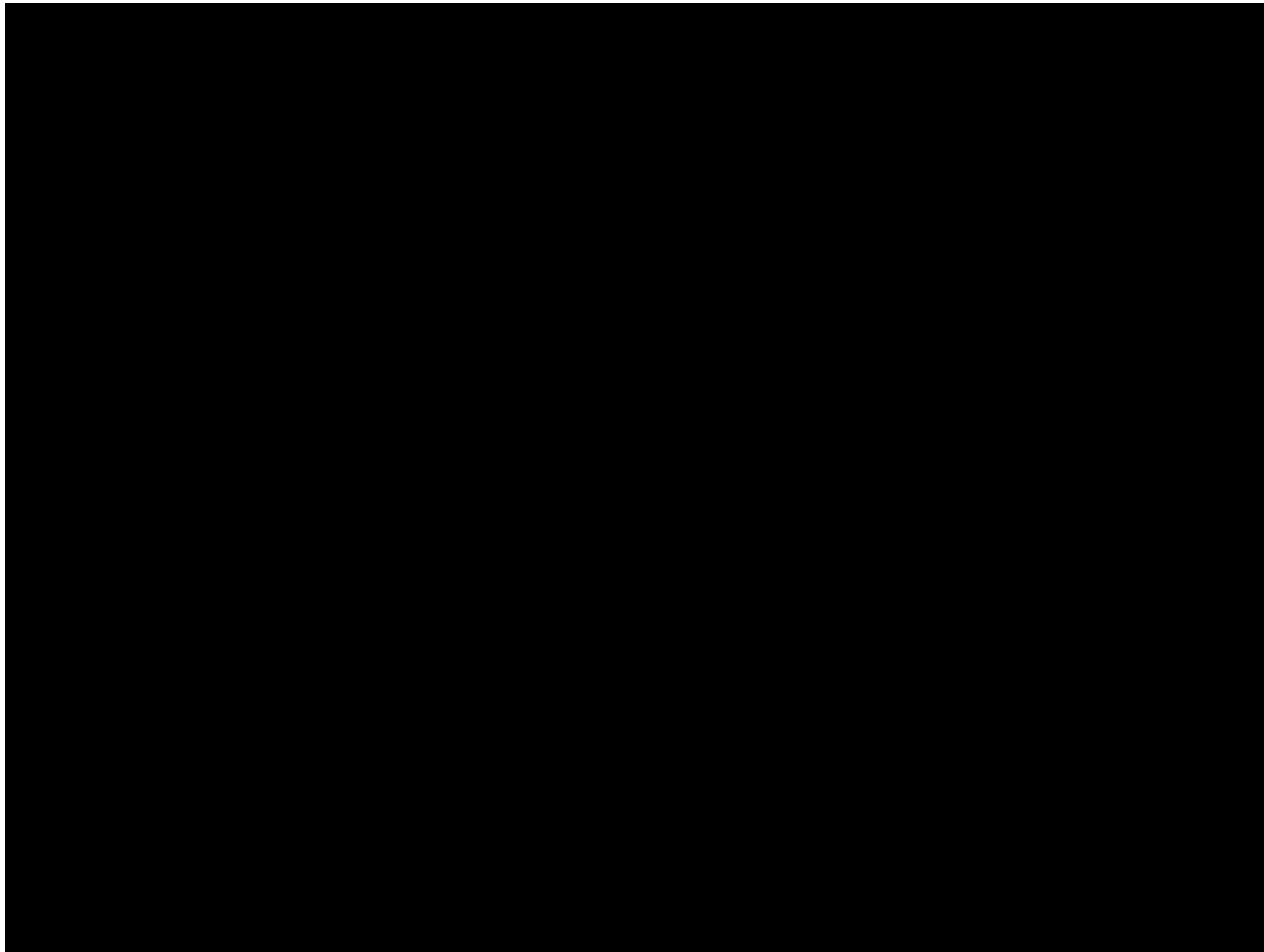
# Patient Voice



# Provider Feedback



# Provider Feedback



# Overall Learning

- Patients are fearful of agenda, health and change.
- Smaller groups and split conferences less anxious for patient and IHP involvement.
- Initiating CCP at point of contact in group.
- It is not just a tool !
- Improved understanding of roles and responsibilities of IHPs.
- Gaining ideas of what is happening in other communities.

# Overall Challenges

- Multiple EMR and communication tools among providers.
- Patients with learning and mental health issues we need to continue to creative to help them identify and meet goals.
- IHP (inter health professionals) not wanting to participate, resources.
- Geographic diversity and transportation.
- Financial and staff resource in primary care.



# Next Steps to Progress Improvement

- Looking at access to CHRIS to improve sharing of communication and prevent duplication of work.
- Adding CCP to ACCURO FHT EMR.
- Encouraging engagement of primary care practitioner in CCP for hospital transition and in the community.
- Spread coordinated care planning to other family health team programs i.e. palliative, memory.
- Creative ways to help patients plan their care.
- Continue to track the data and CCP utilization.

# Discussion

*Please submit questions to us via the “Question” box.*



# HEALTH LINK LEADERSHIP COMMUNITY OF PRACTICE; Resources and Events

Next Webinars **Mark your calendars!**

**Mar 22 12:00-1:00**

Hearing from Health Links IDEAS Teams on their experience implementing Transitions in Care Innovative Practices

**April 26<sup>th</sup> 12:00-1:00**

Innovative Practices: Mental Health & Addictions, Part 1

- Developing an online web presence for the Health Link Community of Practice. More information will follow as this evolves



Learn more about upcoming program dates and deadlines to apply:

[ideasontario.ca/programs/advanced-learning-program/](https://ideasontario.ca/programs/advanced-learning-program/)

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# Polling

# WE WANT TO HEAR FROM YOU!

Your input is important and we'd like to hear from you!

Please send suggestions for topics you would like to see or hear about in future webinars to

**[HLHelp@hqontario.ca](mailto:HLHelp@hqontario.ca)**



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