



Cut the count

Reduce the number of opioid pills you prescribe at discharge **by at least 30%** and help patients manage pain in other ways.

Get started!

Choose one procedure and make one change:

- Adopt a common prescribing protocol
- Use multimodal pain management
- Talk to patients about safe opioid use and other treatment options

For helpful tools, visit:

[HQOntario.ca/CuttheCount](https://www.hqontario.ca/CuttheCount)

Share your team's journey:

@HQOntario #CutTheCount

Quorum.HQOntario.ca

Hospitals working together on their second committed to better campaign.

**Ontario
Surgical Quality
Improvement
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**Health Quality
Ontario**

Let's make our health system healthier